

Sunday

Monday

Tuesday

Wednesday





Thursday

Friday

Saturday

January 2026
Pennington Square Assisted Living



<p>4</p> 	<p>5</p> <p>10:00 Chair Yoga 1:00 Corn Hole</p>	<p>6</p> <p>9:30 Exercise 1:00 Kings Corner Card Game</p> 	<p>7</p> <p>10:00 Moving & Groving 1:00 Spa Day/Trivia</p>	<p>8</p> <p>9:30 Exercise 12:15 Community Service and Mass All are Welcome</p> <p style="text-align: center;"><small>New Year's Day</small></p>	<p>9</p> <p>9:30 Coffee & Snack 1:00 Bingo</p> 	<p>3</p> 
<p>11</p> <p>10:00 Concentration Puzzles 1:00 Yahtzee</p> 	<p>12</p> <p>10:00 Chair Yoga 1:00 Chef Kevin Demo</p> <p style="text-align: center;"><small>Martin Luther King Jr. Day</small></p>	<p>13</p> <p>9:30 Exercise 1:00 Craft Corner</p>	<p>14</p> <p>10:00 Right Left Center Dice Game 1:00 Card Game-Hearts</p> 	<p>15</p> <p>9:30 Exercise 1:00 Make Banana Bread</p>	<p>16</p> <p>9:30 Coffee & Snack 1:00 Bingo</p>	<p>17</p> 
<p>18</p> <p>1:00 Pet Visit</p> 	<p>19</p> <p>10:00 Chair Yoga 1:00 Chef Kevin Demo</p> <p style="text-align: center;"><small>Martin Luther King Jr. Day</small></p>	<p>20</p> <p>9:30 Exercise 11:00 Brunch with Chef Kevin 1:15 Catholic Mass</p>	<p>21</p> <p>10:00 Moving & Groving 1:00 Spa Day/Trivia</p> 	<p>22</p> <p>9:30 Exercise 1:00 Craft Corner</p>	<p>23</p> <p>9:30 Coffee & Snack 1:00 Bingo</p> 	<p>24</p>
<p>25</p> <p>1:00 Tenant Council/Pendent Checks</p>  <p style="text-align: center;"><small>Australia Day (Observed)</small></p>	<p>26</p> <p>9:30 Exercise 10:00 Camp Courageous Animals 1:00 Snowball Target Practice</p>	<p>27</p> <p>10:00 Cover All 1:00 Cooking with Hannah</p>	<p>28</p> <p>10:00 Cover All 1:00 Cooking with Hannah</p>	<p>29</p> <p>9:30 Exercise 1:00 Happy Hour</p> 	<p>30</p> <p>9:30 Coffee & Snack 1:00 Bingo</p>	<p>31</p> 

Activities are Subject to Change